

Implant Instructions

You must not be pregnant or at risk of pregnancy when you have your implant inserted.

It is preferable that you have your period (or are within 5 days of your period starting) when you have your implant inserted. If not, you must use reliable contraception before the insertion and for 7 days after the insertion.

If you are not within the first 5 days of your cycle and have not been using reliable contraception your implant will not be inserted. The usual consultation fee will apply.

Please arrange to have children cared for while you are having the implant put in.

Following Insertion

- You will probably notice some tenderness at the insertion site for a few days. There may also be some bruising or a little bleeding. You can take some paracetamol to reduce the discomfort.
- Keep the insertion area dry for 2 days to prevent infection.
- The bandage can be removed the next day.
- The protective dressing and the steristrips can be removed once the skin heals – usually 3-4 days after the insertion.
- Usually implants can be removed in the clinic but on rare occasions a referral to a specialist may be needed for this procedure.